第76回(令和6年2月) 文章入力スピード認定試験(英語)問題

Valentine Day comes every year, but not for one boy. This boy never receives any cards or chocolates. The sight of his empty mailbox makes him feel lonely and miserable. Of course, the little girl with red hair, whom he secretly adores, never sends him anything. It is not the difficult reason why she would not. She even does not know he exists. No wonder the boy hates that day.

Although that day is associated with love and romance, the meaning and practices or customs vary from culture to culture. In one big country, for example, couples such as husbands and wives or boys and girls exchange a card, a box of chocolate, or flowers. People in other social relations, like friends in the same class or school, neighbor friends, family members, also exchange such gifts as symbols of their bonds to one another. Almost immediately after the day of the new year, gift shops begin selling cards that express these various human relations. A card designed for a parent to give a child might be read. Even after children grow up and move far away from the parental home, they may still receive cards every year from mother and father that remind them of the love from their parents.

Valentine Day, in one nation, began to be marked on the calendar at the end of the twentieth century. The meaning slightly changed. It is called the day of friends. This day has largely free of romantic signification. People reaffirm their ties of relations between friends by giving one another cards and small gifts. In another country, meanwhile, there is a holiday called a black day. On the same day two months later, young men and women who did not receive any chocolates get together eat noodles in black bean soup at the restaurant to cheer up each other. Black symbolizes sadness and disappointment. As they enjoy their noodles, they give each other hope that they will find love for that day next year.

It is too bad there is no black day all over the world. It sounds like a day that is especially and perfectly suited to the boy appeared in

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the first paragraph. He may not be so lucky in love again this year and feel sad and disappointed for it. But he also never gives up hope that next year his mailbox will be full of cards and chocolates. He may be got something from the little girl with red hair.

Not everyone can explain well how medicines actually work. Scientists in the early twentieth century realized that in order for a drug to exert its selective action, human cells must have a site for the recognition and acceptance of a specific type of medicine. This site of medical action is termed a receptor, and medicine receptor interactions have now become the focus of research for brand new medicine and are important in clinical settings.

Receptors which are the primary targets of the majority of medicines are biological macromolecules that have evolved specifically for intercellular communication to maintain life. Basically, the biological functions of these receptors are to respond to the own chemical messengers of a body, such as hormones or neurotransmitters. When the binding takes place, it triggers a series of biochemical and physiological changes known as a response.

Medicines which are connected with receptors and mimic the effects of hormones are called agonists. Medicines which bind to the receptors, but do not have the unique structural features necessary to activate them, are called antagonists. Since antagonists occupy the binding site of the receptors, they prevent activation by the agonists.

Based on their locations, receptors are divided into halves. They are laminate and intracellular parts. Membrane organs are located on the cell membrane, and those organs are situated in the cytoplasm. They are separated into two classes and both are called nuclear receptors. Class first nuclear receptors are located in the protoplasm, and after ligands bind to them, the near ending ligand complexes migrate into the nucleus and

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bind to deoxyribose nucleic acid, resulting in up or down regulation of gene expressions. Class second nuclear receptors are located in the nucleus bound to deoxyribose nucleic acid and upon ligand binding, and they are activated to regulate the expression of specific genes.

The electron microscope and x-ray crystallography have allowed their 4,365 receptors to the visualization of stereoscopic or three-dimensional 4,433 structures of receptors and the binding of ligands. The use of these 4,503 instruments has great potential for the design and development of new 4,573 In addition, software analyzing stereoscopic structures can medicines. 4,645 show how strongly a medicine binds its receptor. This affinity of a drug 4,719 to its receptor influences on vivo efficacy of the medication and the 4,789 dosage of the medicine. 4,815

For doctors, nurses, and pharmacists, information about which receptor a medicine binds to help them understand the causes of adverse effects of This is because the side effects of a drug can be closely linked to its receptor. One example is a multi-acting receptor targeted antipsychotic for schizophrenia patients. This medicine blocks several different kinds of receptors in the brain. Blocking dopamine and serotonin receptors produces favorable effects. However, antagonism, histamine, and muscarinic receptors can lead to the events of side effects, drowsiness and increase in blood sugar level respectively. The affinity of a medicine to its receptor varies among the various medicines for the same disease, resulting in differences in how side effects develop. Some patients can be at greater risk of these side effects than others. Therefore, knowledge of medicine receptor interactions helps medical professionals to choose remedies with the least side effects suitable for medical condition of each patient.

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